

Strains, sprains, muscle or joint pains, or stiffness?

Have you considered seeing a musculoskeletal practitioner?

NHS

The **musculoskeletal practitioner** can assess you and give you some advice on how to manage your problem or refer you for investigations and more formal treatment if required.

Conditions a musculoskeletal practitioner could help with:

- Back or Neck pain
- Osteoarthritis
- Sprains & Strains
- Sports injuries
- Sprained ankles/knees
- Trapped nerves
- Whiplash
- Shoulder pain

Please speak to the reception team for more information and to book your appointment