



What is long COVID?

'long COVID' describes the signs and symptoms that develop after acute COVID-19.

Join our Sepsis, Pneumonia and Long COVID awareness training

Free training available for parents and/or carers who support adults with learning difficulties and/or neurodisabilities. Find out about:

- How to identify the signs
- What to do
- How to / when to get help



Dates

23 February 2023 from 9am to 12.30pm
Channels Golf Club, Pratts Farm Lane,
Little Waltham, CM3 3PR

1 March 2023 from 9am to 12.30pm
Saxon Hall, Aviation Way, Southend, SS2 6UN

8 March 2023 from 9am to 12.30pm
Orsett Hall, Prince Charles Ave,
Grays, RM16 3HS



To book any of the dates,
please register via the
link below:

[Register your place](#)