

15<sup>th</sup> September 2022

## From: NHS MID AND SOUTH ESSEX

## Information about local health services on the day of the State Funeral of Queen Elizabeth II

The NHS is here for you if you need us over the bank holiday.

As final preparations are made to mark the State Funeral of Queen Elizabeth II, people in mid and South Essex are reminded to plan ahead with their medicines needs for the bank holiday Monday and to visit <a href="https://www.needs.needs.needs.needs">NHS111 online</a> first in the event medical advice is needed.

Many GP surgeries, dentists or pharmacy services will either close or change their opening hours on bank holiday Monday. Residents who require access to urgent services for conditions (that cannot wait until normal services resume on 20th September) can access out of hours GP access hubs and by calling NHS 111 for advice or to be directed to the most appropriate local service.

Patients who have pre booked appointments with their GP surgery team on Monday 19<sup>th</sup> September will be contacted directly by their practice to make alternative arrangements. COVID-19 vaccinations scheduled for Monday 19<sup>th</sup> September are likely to still go ahead but check the website for your vaccination service or contact them for further advice.

Health advice and information is available from the <u>NHS App</u>, <u>NHS website</u> and your <u>local GP</u> <u>practice website</u>. You can also use the <u>NHS website</u> to find a pharmacy near you which will be open over the bank holiday.

People may also consider having at home a small stock of basic medicines in case needed for minor illness or injury. These may include paracetamol, plasters, indigestion remedy and anti-diarrhoeal medicine. Ask your local pharmacist for advice on what medicines you should keep at home.

If you need urgent medical help and don't know what to do, you can go to <a href="https://example.com/111.nhs.uk">111.nhs.uk</a> or call 111 in the first instance. A&E and 999 remain there for any life-threatening health concerns.

## Do you, or anyone you care for, need access to palliative care or specialist medicines?

To find your nearest open palliative care pharmacy, including neighbouring areas, please go to <a href="https://pcm.prescqipp.info">https://pcm.prescqipp.info</a> and enter your postcode.

\*\*\* END \*\*\*

## **CAVS**

Castle Point Association of Voluntary Services Ltd.
The White House (Rear of Council offices) Kiln Road, Benfleet, SS7 1BU
Tel: 01268 214 000

www.cavsorg.uk

Registered Charity No. 1103968

