## Strains, sprains, muscle MHS or joint pains, or stiffness? Have you considered seeing a musculoskeletal practitioner?

## The musculoskeletal practitioner can assess you and give you some advice on how to manage your problem or refer you for investigations and more formal treatment if required.

## Conditions a musculoskeletal practitioner could help with:

- Back or Neck pain
- Sprains & Strains
- Sprained ankles/ knees
- Shoulder pain
- Osteoarthritis Sports injuries
- Trapped nerves
- Whiplash



## Please speak to the reception team for more information and to book your appointment

