



Mid and South Essex  
Health and Care  
Partnership



# **BECOME A DIABETES CHAMPION AND BE A PART OF THE COMMUNITY NETWORK**

**Help us improve diabetes care for people with Learning Disabilities by joining our monthly coffee mornings online**

**From 11am-12pm on  
Wednesday 30 March  
Wednesday 27 April  
Wednesday 25 May  
Wednesday 22 June  
Wednesday 20 July  
Wednesday 17 August**

Scan the QR code to join



<https://tinyurl.com/dccncoffeemeeting>

**For more details contact: [cprccg.diabetesLDnetwork@nhs.net](mailto:cprccg.diabetesLDnetwork@nhs.net)**

**MY  
HEALTH  
MATTERS**

